

HOUSTON LEISURE FACILITY

Winter Hours, September 2 to 22, 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lane and Leisure 6-9am	Lane and Leisure 6-9am	Aquafit 6-6:45am (lane available) Lane and Leisure 6:45-9am	Lane and Leisure 6-9am	Deep Water Aquafit/ Water Running 6-6:45am (lane available) Lane and Leisure 6:45-9am	
	Senior Aquafit 9-10am	Closed for Maintenance	Senior Aquafit 9-10am	Closed for Maintenance	Senior Aquafit 9-10am	Family Swim 9-12pm
Family Swim 11-1pm	Lane and Leisure 10-1pm		Lane and Leisure 10-1pm		Lane and Leisure 10-1pm	
Public Swim 1-7pm	Closed for Maintenance 1-4pm	Lane and Leisure 12-2pm	Closed for Maintenance	Lane and Leisure 12-2pm	Lane and Leisure 10-1pm	Public Swim 12-8pm
		Public Swim 2-4pm		Public Swim 2-4pm	Public Swim 1-4pm	
	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	
	Public Swim 6-8pm	Public Swim 6-8pm	Public Swim 6-8pm	Public Swim 6-9pm	Public Swim 6-8:30pm	
	Adult Swim 8-9pm	Adult Swim 8-9pm	Adult Swim 8-9pm (Aquafit 8-8:45pm)		Teen Swim 8:30-10pm	

*Come out and try Aquafit. There is a time that fits all schedules.